

# FE-Review Biology

T.G. Cleveland, Ph.D., P.E.

# FE Review - Biology

- Coverage
  - NCEES October 2005
    - “Afternoon Session: III. Biology”
      - 5% of afternoon “Other/General” Engineering
      - Amounts to 3 problems.
      - Topical areas:
        - » Cellular biology
        - » Toxicology
        - » Industrial hygiene
        - » Bioprocessing.

# FE Review - Biology

- Coverage
  - Professional Publications Inc. “FAQ/Advice”:
    - There are a surprising number of environmental and water-treatment problems on the civil afternoon exam. If you haven't taken environmental courses, you will be lost on these.
    - The Environmental module had a surprising number of problems in US units.
    - The Environmental module should be called "civil with environmental emphasis."

# FE Review - Biology

- Best “guess” of type of problems that could be on exam:
  - Cellular biology:
    - Enumeration of bacteria (MPN, Plate Count, Fecal Coliform).
    - Doubling times (log-growth phase)
  - Toxicology:
    - Dose/Response to compute excess risk.
  - Bioprocessing:
    - Activated sludge analysis/design.
  - Industrial hygiene:
    - Carcinogen exposure (tools similar to toxicology)

# FE Review – Biology

## Cellular Biology

- Microorganisms in Water and Wastewater
  - Animal (Eucaroytic cells)
    - Crustaceans; Worms; Rotifers
  - Plant(Eucaroytic cells)
    - Rooted aquatic; seed plants; ferns; mosses
  - Protista
    - Protozoa; Algae; Fungi (Eucaroytic cells)
    - Blue-green algae; Bacteria (Procaryotic cells)

# FE Review – Biology

## Cellular Biology

- Eucaroytic cells
  - Nucleus within well defined membrane
- Procaryotic cells
  - Nucleus not enclosed with membrane

# FE Review – Biology

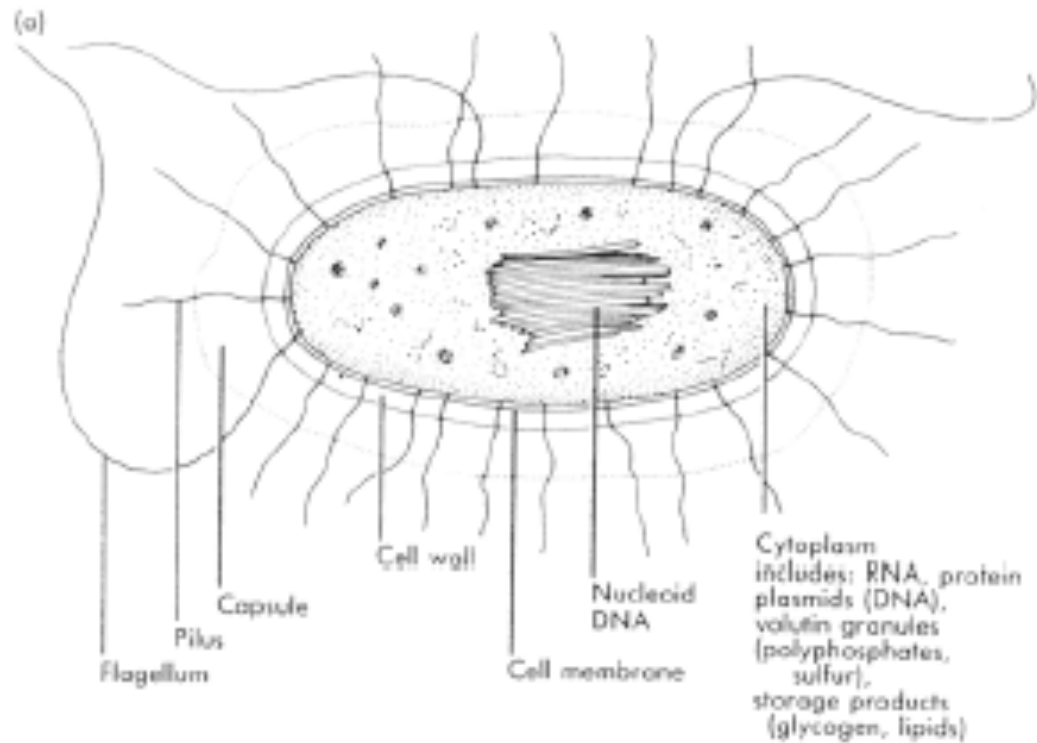
## Cellular Biology

- Energy/Carbon Sources
  - Light/CO<sub>2</sub>
    - Plants;algae;photosynthetic bacteria
    - Photoautotroph
  - Light/Organic
    - Photosynthetic bacteria
    - Photoheterotroph
  - Inorganic/CO<sub>2</sub>
    - Bacteria
    - Chemoautotroph
  - Organic/Organic
    - Bacteria;fungi;protozoa;animals
    - Chemoheterotroph

# FE Review – Biology

## Cellular Biology

### – Bacteria Cell

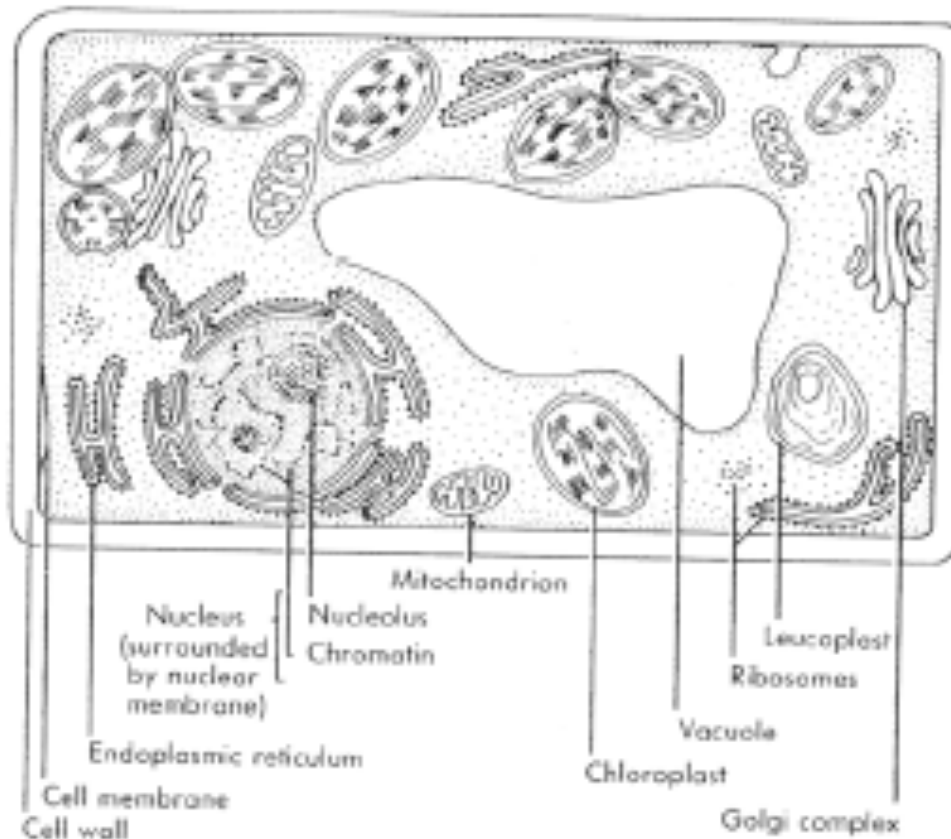




# FE Review – Biology

## Cellular Biology

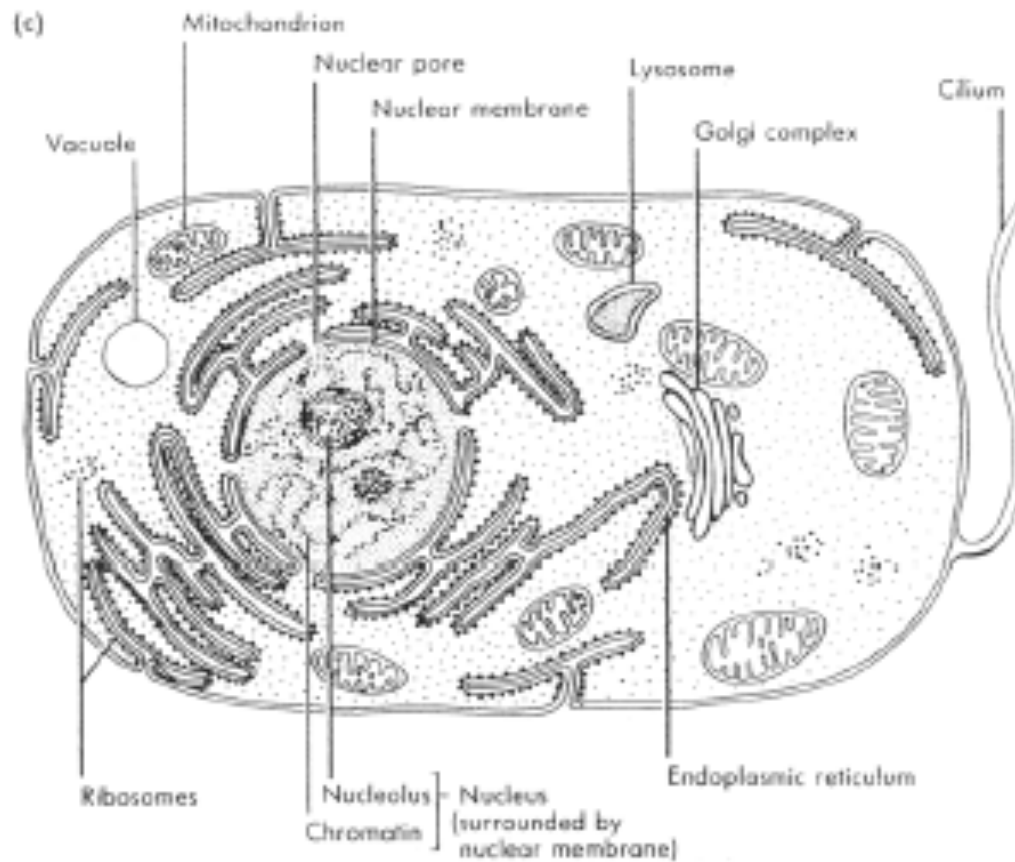
### – Plant Cell



# FE Review – Biology

## Cellular Biology

### – Animal Cell



# FE Review – Biology

## Cellular Biology

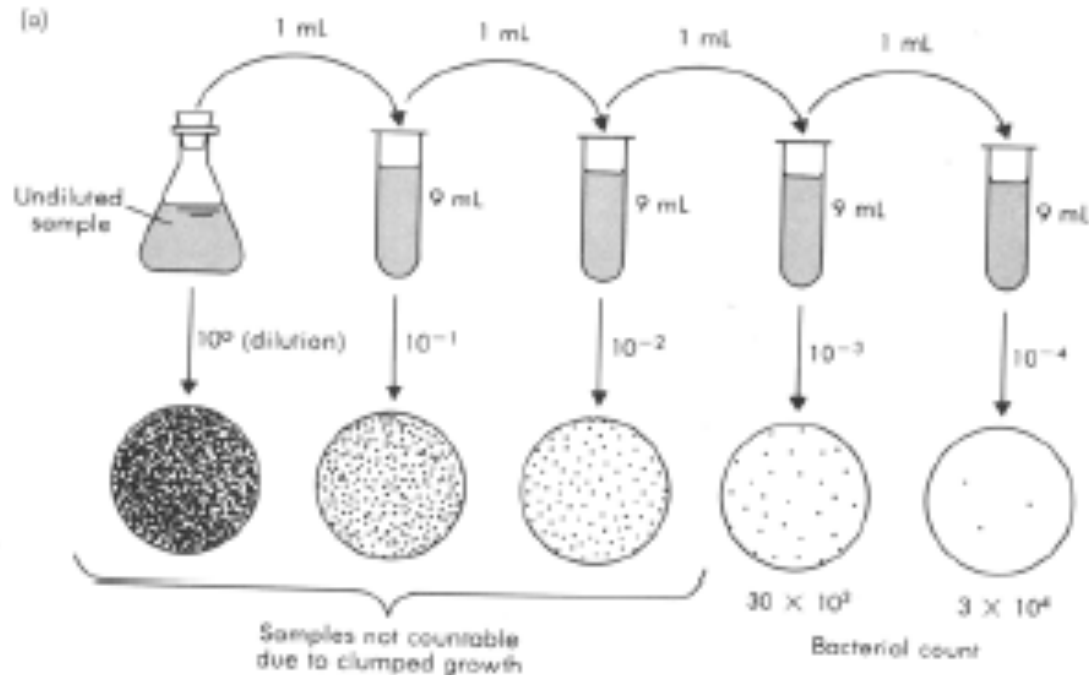
- Bacterial Enumeration
  - Counting bacteria is standard method to determine their concentration in water and consequently their probability of causing disease.
  - Two common methods:
    - Plate count
    - Most Probable Number (MPN)
  - Both use serial dilutions.

# FE Review – Biology

## Cellular Biology

- Plate Count

- Sample is serially diluted. Counts between 30-300 are feasible.
- Result of viable plates are multiplied by dilution factor then reported as CFU/100mL

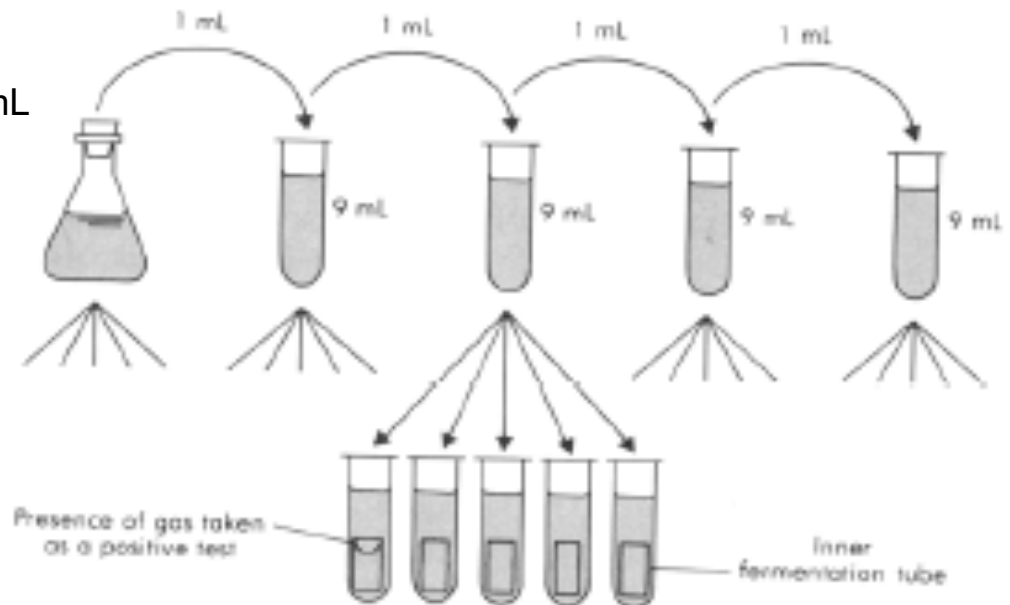


# FE Review – Biology

## Cellular Biology

- MPN

- Multiple serial dilutions into growth media.
- Gas production is indicator of target organism (E. Coli).
- Tables, Poisson distribution, or Thomas approximation used to determine MPN.
- Results reported as MPN/100mL



# FE Review – Biology

## Cellular Biology

- MPN

- Thomas approximation

$$MPN / 100mL = \frac{\text{no. of positive tubes} * 100}{\sqrt{(\text{mL of sample in negative tubes} * \text{mL of sample in all tubes})}}$$

# FE Review – Biology

## Cellular Biology

- Example

- Six water samples were analyzed for coliform bacteria using the five-tube lactose-fermentation technique. The results are given below. Determine the MPN of the samples.

DILUTION, mL/100 mL	NUMBER OF POSITIVE TUBES					
	Water sample					
	1	2	3	4	5	6
10.0	5	4	5	5	5	5
1.00	3	3	5	5	5	5
0.10	1	5	5	5	0	5
0.01	—	—	3	5	3	4
0.001	—	—	2	3	2	3
0.0001	—	—	1	2	1	1

# FE Review – Biology

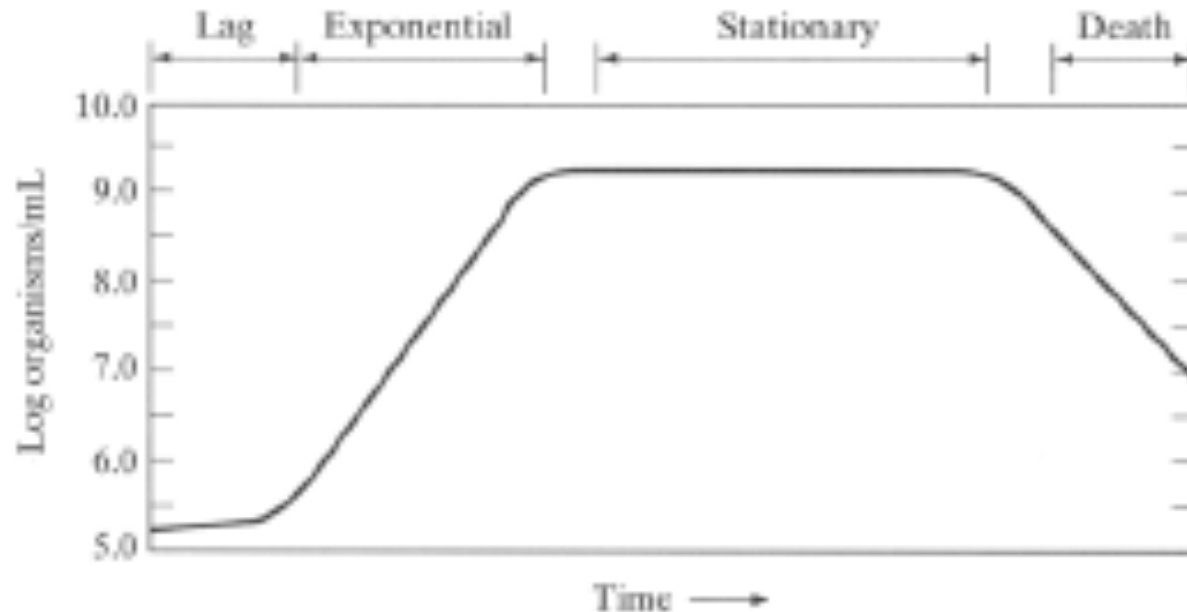
## Cellular Biology



# FE Review – Biology

## Cellular Biology

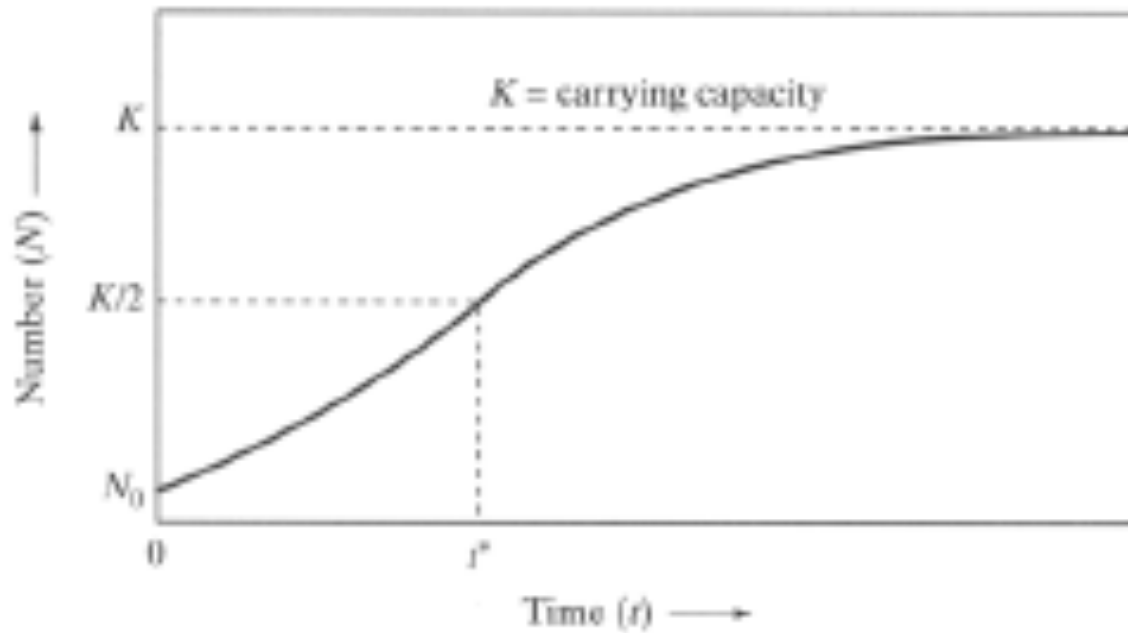
- Logistic Growth
  - Typical in bacterial populations and other short gestation populations (without significant age stratification)



# FE Review – Biology

## Cellular Biology

- Logistic Growth
  - Exponential phase



# FE Review – Biology

## Cellular Biology

- Logistic Growth

- Model

$$\frac{dN}{dt} = rN\left(1 - \frac{N}{K}\right)$$

- Solution

$$N(t) = \frac{K}{1 + \exp(-r(t - t^*))}$$

# FE Review – Biology

## Cellular Biology

- Maximum Sustainable Yield
  - Number of individuals that can be harvested without reducing population size.
  - Slope of population model is growth rate.
  - Harvest should be at/near maximum growth rate to minimize impact to population number.
  - To maximize yield, set its slope to zero and solve for population size.

$$Y = \frac{dN}{dt}$$
$$\frac{dY}{dN} = 0 = \frac{d}{dt} \left[ rN \left( 1 - \frac{N}{K} \right) \right] = r \frac{dN}{dt} - \frac{r}{K} \left( 2N \frac{dN}{dt} \right)$$

Solve for N

$$N^* = \frac{K}{2}$$

# FE Review – Biology

## Cellular Biology

### – Example

- A pond stocked with 100 fish shows a population doubling every year for the first two years, but after many years the population is stable at 4000 individuals. Assuming logistic growth what is maximum sustainable yield from this pond?

# FE Review – Biology

## Toxicology

- Exposure routes:
  - Inhalation (breathing)
  - Ingestion (eat/drink)
  - Absorption (skin)
- Distribution:
  - Blood system
  - Lymph system
- Storage:
  - Fat
  - Organs
  - Soft tissue
  - Bones
- Excretion:
  - Feces
  - Air (exhaled air)
  - Urine
  - Secretions (sweat)

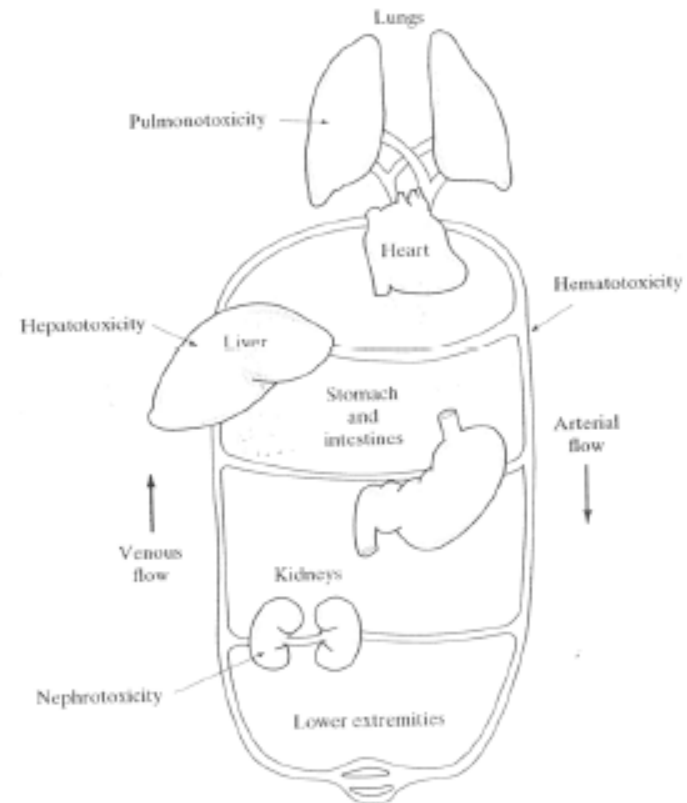


FIGURE 4.2 The circulatory system and nomenclature for toxic effects: hepatotoxicity (liver), nephrotoxicity (kidneys), pulmonotoxicity (lungs), hematotoxicity (blood). (Source: Based on James, 198

# FE Review – Biology

## Toxicology

- Acute toxicity based on probable single lethal dose.
  - Sucrose (a sugar) is lethal if 1.5kg is ingested at once.
  - Botulin toxin (similar to botox) is lethal if 0.00070 mg is ingested at once.

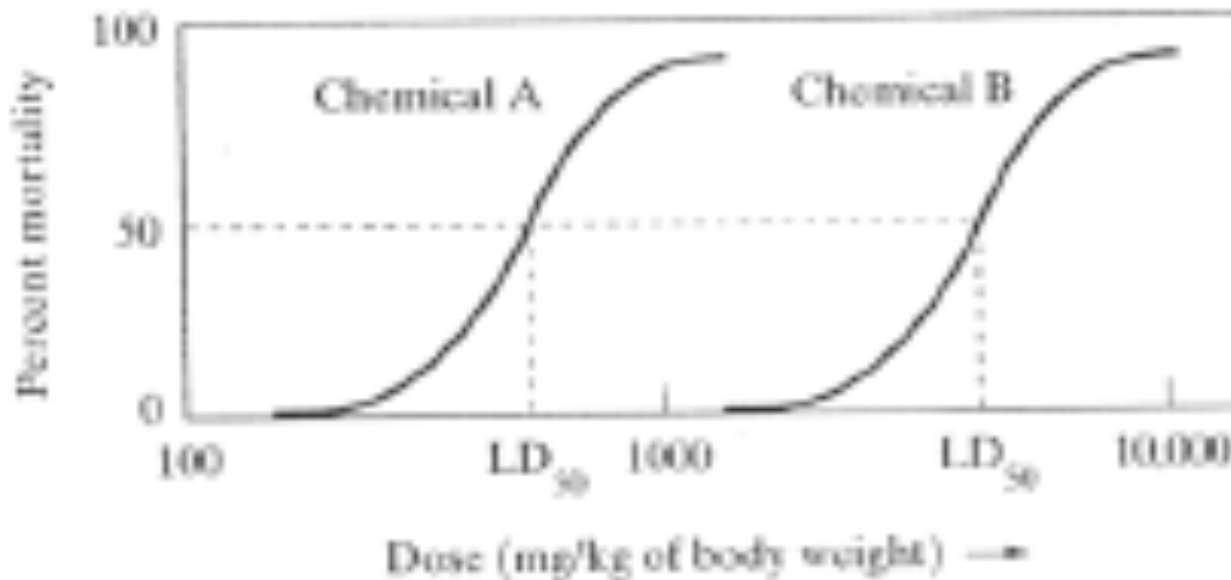
**TABLE 4.6** A conventional rating system for the acute toxicity of chemicals in humans

Toxicity rating	Probable lethal oral dose for humans	
	Dose (mg/kg of body weight)	For average adult
1. Practically nontoxic	more than 15,000	More than 1 quart
2. Slightly toxic	5,000–15,000	1 pint to 1 quart
3. Moderately toxic	500–5,000	1 ounce to 1 pint
4. Very toxic	50–500	1 teaspoon to 1 ounce
5. Extremely toxic	5–50	7 drops to 1 teaspoon
6. Supertoxic	Less than 5	Less than 7 drops

# FE Review – Biology

## Toxicology

- Dose-Response Determined Experimentally Using Animal Models; Usually Bacteria, Fish, etc.

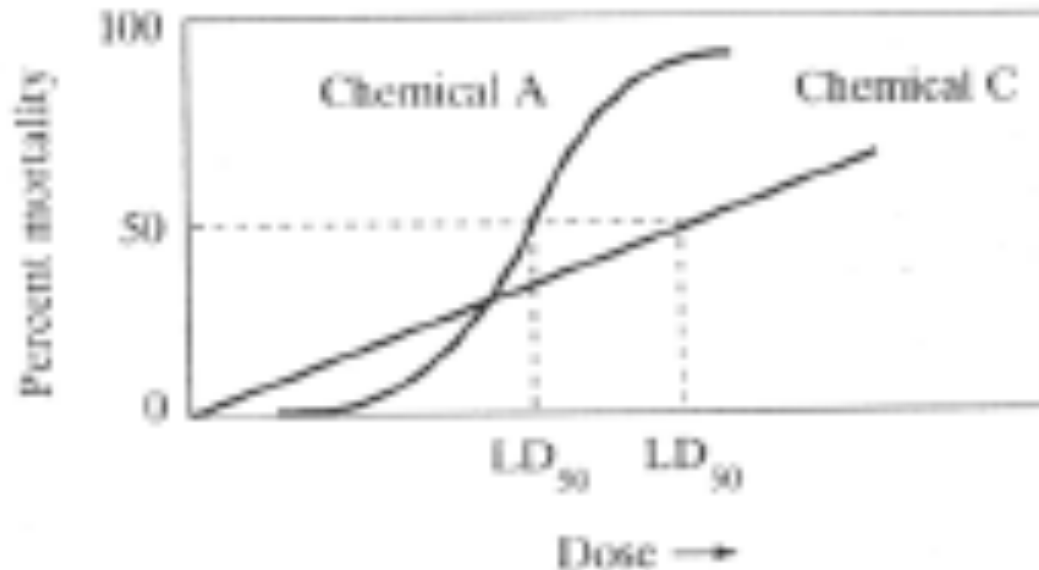




# FE Review – Biology

## Toxicology

- Toxicity depends on shape of dose-response curve.



(b)

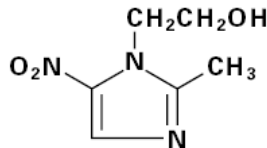
# FE Review – Biology

## Toxicology

- Carcinogens

- Compounds that cause certain types of responses are declared carcinogens.
- Many compounds that have therapeutic value are carcinogens.
- Example (From PDR):

- Metronidazole is an oral synthetic antiprotozoal and antibacterial agent, 1-(beta-hydroxyethyl)-2-methyl-5-nitroimidazole, which has the following structural formula:



- Metronidazole tablets contain 250 mg or 500 mg of metronidazole. Inactive ingredients include cellulose, FD&C Blue No. 2 Lake, hydroxypropyl cellulose, hydroxypropyl methylcellulose, polyethylene glycol, stearic acid, and titanium dioxide.
  - Metronidazole has been shown to be carcinogenic in mice and rats (see PRECAUTIONS.) Unnecessary use of the drug should be avoided. Its use should be reserved for the conditions described in the INDICATIONS AND USAGE section.
- Carcinogenic responses are on the next table.

# FE Review – Biology Toxicology

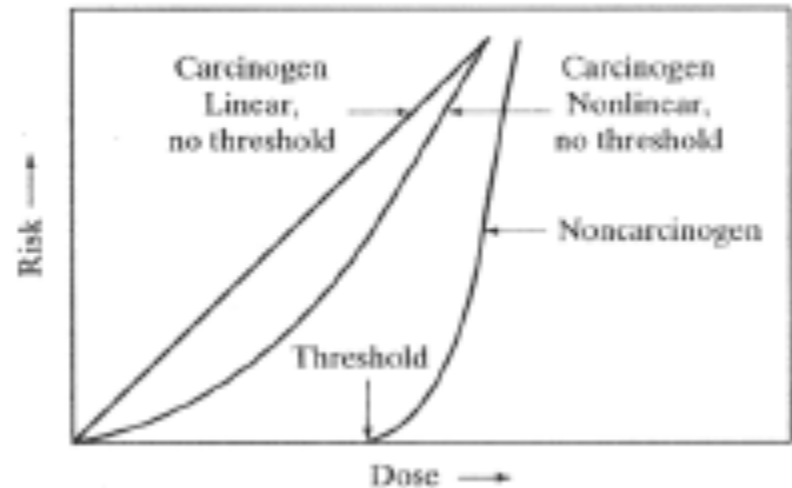
- Carcinogenic response types:

**TABLE 4.7** Glossary of Carcinogenesis Terminology

Acute toxicity	Adverse effects caused by a toxic agent occurring within a short period of time following exposure
Benign tumor	A new tumor composed of cells that, though proliferating in an abnormal manner, do not spread to surrounding, normal tissue
Cancer	An abnormal process in which cells begin a phase of uncontrolled growth and spread
Carcinogen	Any cancer-producing substance
Carcinoma	A malignant tumor in the tissue that covers internal or external surfaces of the body such as the stomach, liver, or skin
Chronic toxicity	Adverse effects caused by a toxic agent after a long period of exposure
Initiator	A chemical that initiates the change in a cell that irreversibly converts the cell into a cancerous or precancerous state
Malignant tumor	Relatively autonomous growth of cells or tissue that invade surrounding tissue and have the ability to metastasize
Mutagenesis	Alteration of DNA in either somatic or germinal cells not associated with the normal process of recombination
Mutation	A permanent, transmissible change in DNA that changes the function or behavior of the cell
Neoplasm	Literally, new growth, usually of an abnormally fast-growing tissue
Oncogenic	Giving rise to tumors or causing tumor formation
Pharmacokinetics	The study of how a chemical is absorbed, distributed, metabolized, and excreted
Promoter	A chemical that can increase the incidence of response to a carcinogen previously administered
Sarcoma	A cancer that arises from mesodermal tissue (e.g., fat, muscle, bone)
Teratogen	Any substance capable of causing malformation during development of the fetus
Toxicity	A relative term generally used in comparing the harmful effect of one chemical on some biological mechanism with the effect of another chemical

# FE Review – Biology Toxicology

- Dose-Response assessment
  - If carcinogen, NO THRESHOLD DOSE
  - If non-carcinogen, THRESHOLD DOSE
  - Scaling factor used to scale model response to human response.



# FE Review – Biology Toxicology

- Dose-Response assessment
  - Carcinogens:
    - Need to compute CDI (Chronic Daily Intake).  
(Average daily dose is lifetime dose for a 70-year lifetime)

$$CDI(mg / kg - day) = \frac{\text{average\_daily\_dose}(mg / day)}{\text{body\_weight}(kg)}$$

- Need to look-up potency factor. (Table)
- Compute Excess Risk (Incremental lifetime risk)

$$Excess\_Risk = Potency\_Factor * CDI$$

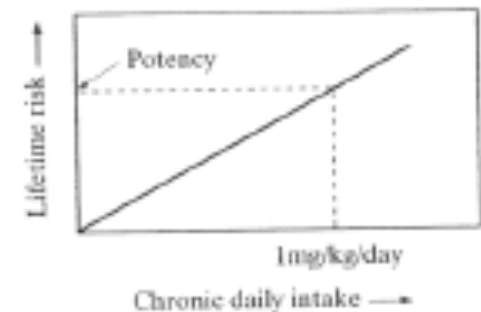
# FE Review – Biology Toxicology

- Potency Factor Table

TABLE 4.9 Toxicity data for selected potential carcinogens

Chemical	Category	Potency factor oral route (mg/kg-day) <sup>-1</sup>	Potency factor inhalation route (mg/kg-day) <sup>-1</sup>
Arsenic	A	1.75	50
Benzene	A	$2.9 \times 10^{-2}$	$2.9 \times 10^{-2}$
Benzo(a)pyrene	B2	11.5	6.11
Cadmium	B1	—	6.1
Carbon tetrachloride	B2	0.13	—
Chloroform	B2	$6.1 \times 10^{-3}$	$8.1 \times 10^{-2}$
Chromium VI	A	—	41
DDT	B2	0.34	—
1,1-Dichloroethylene	C	0.58	1.16
Dieldrin	B2	30	—
Heptachlor	B2	3.4	—
Hexachloroethane	C	$1.4 \times 10^{-2}$	—
Methylene chloride	B2	$7.5 \times 10^{-1}$	$1.4 \times 10^{-2}$
Nickel and compounds	A	—	1.19
Polychlorinated biphenyls (PCBs)	B2	7.7	—
2,3,7,8-TCDD (dioxin)	B2	$1.56 \times 10^1$	—
Tetrachloroethylene	B2	$5.1 \times 10^{-2}$	$1.0 - 3.3 \times 10^{-3}$
1,1,1-Trichloroethane (1,1,1-TCA)	D	—	—
Trichloroethylene (TCE)	B2	$1.1 \times 10^{-2}$	$1.3 \times 10^{-2}$
Vinyl chloride	A	2.3	0.295

Source: U.S. EPA <http://www.epa.gov/irls>



# FE Review – Biology Toxicology

- Problem 1
  - Drinking water disinfected with chlorine produces chloroform ( $\text{CHCl}_3$ ) as a by-product. Suppose a 70kg person drinks 2 liters of water per day for 70 years that has a chloroform concentration of 0.10mg/L
    - What is the cancer risk for this person?

# FE Review – Biology

## Toxicology

- Problem 2
  - Drinking water disinfected with chlorine produces chloroform ( $\text{CHCl}_3$ ) as a by-product. Suppose a 70kg person drinks 2 liters of water per day for 70 years that has a chloroform concentration of 0.10mg/L
    - If a city of 500,000 also drinks the same amount of water, how many excess cancers can be expected (using the 70 year lifetime)?



# FE Review – Biology

## Toxicology

- Problem 3
  - Drinking water disinfected with chlorine produces chloroform ( $\text{CHCl}_3$ ) as a by-product. Suppose a 70kg person drinks 2 liters of water per day for 70 years that has a chloroform concentration of 0.10mg/L
    - Compute the cancer death rate (deaths/100,000/year) caused by the chloroform with the U.S. death rate of 193/100,000/year.
    - Is the chloroform death rate detectable?

# FE Review – Biology Toxicology

- Problem 4
  - Compute the concentration of chloroform in drinking water that would result in a  $10^{-6}$  risk for a “standard person-lifetime”.

# FE Review – Biology Toxicology

- The CDI calculation is adjusted for intermittent exposures when warranted. Generic equation is:

- Inhalation

$$CDI(mg / kg - day) = \frac{Concentration(mg / m^3) * Intake\_Rate(m^3 / day) * Exposure(days / life)}{body\_weight(kg) * 70(yr / life) * 365(days / life)}$$

- Drinking Water

$$CDI(mg / kg - day) = \frac{Concentration(mg / L) * Intake\_Rate(L / day) * Exposure(days / life)}{body\_weight(kg) * 70(yr / life) * 365(days / life)}$$

# FE Review – Biology Toxicology

- Exposure type/duration

**TABLE 4.10** Example EPA Exposure Factors Recommended for Risk Assessments

Land use	Exposure pathway	Daily intake	Exposure frequency, days/year	Exposure duration, years	Body weight, kg
Residential	Ingestion of potable water	2 L (adult) 1 L (child)	350	30	70 (adult) 15 (child)
	Ingestion of soil and dust	200 mg (child) 100 mg (adult)	350	6 24	15 (child) 70 (adult)
	Inhalation of contaminants	20 m <sup>3</sup> (adult) 12 m <sup>3</sup> (child)	350	30	70
Industrial and commercial	Ingestion of potable water	1 L	250	25	70
	Ingestion of soil and dust	50 mg	250	25	70
	Inhalation of contaminants	20 m <sup>3</sup> (workday)	250	25	70
Agricultural	Consumption of homegrown produce	42 g (fruit) 80 g (veg.)	350	30	70
Recreational	Consumption of locally caught fish	54 g	350	30	70

Source: U.S. EPA (1991).

# FE Review – Biology Toxicology

- Problem 5
  - Occupational Exposure: Estimate the excess risk for a 60-kg worker exposed to a carcinogen during a 5-day work week, 50 weeks per year over a 25 year working career. The worker breathes 20 cubic meters of air daily. The carcinogen has a potency factor of  $0.02(\text{mg}/\text{kg}\cdot\text{day})^{-1}$  and average concentration in the factory air of  $0.05\text{mg}/\text{m}^3$

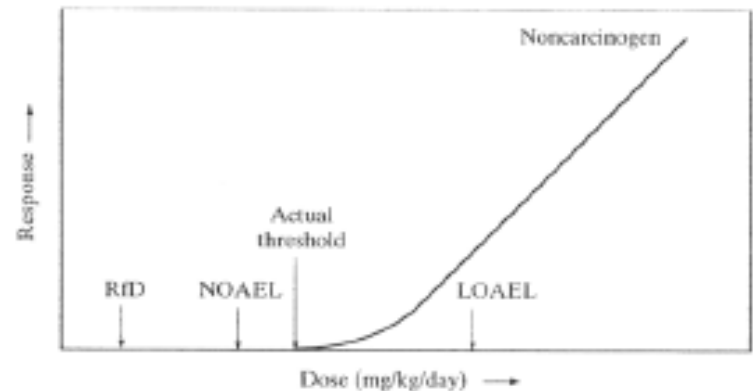
# FE Review – Biology Toxicology

- Noncarcinogenic response

- Compute a hazard quotient.
- Hazard index is sum of hazard quotients for all likely exposures.
- Hazard indices less than 1 are thought of indicate “no significant risk of system toxicity” (i.e. a surrogate for “probably safe”)

$$HQ_i = \frac{\text{average\_daily\_dose}(\text{mg / kg - day})}{RfD_i(\text{reference\_dose})}$$

$$HI = \sum_{i=1}^N HQ_i$$



# FE Review – Biology Toxicology

- Noncarcinogenic response, Reference Dose

**TABLE 4.11** Oral RIDs for chronic noncarcinogenic effects of selected chemicals.

Chemical	RID (mg/kg-day)
Acetone	0.100
Arsenic	0.0003
Cadmium	0.0005
Chloroform	0.010
1,1-dichloroethylene	0.009
cis-1,2-Dichloroethylene	0.010
Fluoride	0.120
Mercury (inorganic)	0.0003
Methylene chloride	0.060
Phenol	0.600
Tetrachloroethylene	0.010
Toluene	0.200
1,1,1-Trichloroethane	0.035
Xylene	2.000

Source: U.S. EPA, <http://www.epa.gov/iris>

# FE Review – Biology

## Toxicology

- Problem 6
  - A drinking water contains 1.0mg/L toluene and 0.01 mg/L tetrachloroethylene. A 70 kg adult drinks 2L per day for 10 years of this water. Does the hazard index for this exposure suggest the exposure level was safe?



# FE Review – Biology

## Bioprocessing

- Fermentation
- Waste treatment
- Digestion

# FE Review – Biology

## Bioprocessing

- Waste treatment is good example, and likely topic.

TYPE	COMMON NAME	USE*
<i>Aerobic processes</i>		
Suspended growth	Activated sludge process	Carbonaceous BOD removal (nitrification)
	Conventional (plug flow)	
	Continuous-flow stirred-tank	
	Sequencing batch reactor	
	Step aeration	
	Pure oxygen	
	Modified aeration	
	Contact stabilization	
	Extended aeration	
	Oxidation ditch	
	Suspended-growth nitrification	
Aerated lagoons	Carbonaceous BOD removal (nitrification)	
Suspended growth	Aerobic digestion	Stabilization, carbonaceous BOD removal
	Conventional air	
	Pure oxygen	
	High-rate aerobic algal ponds	
Attached growth	Trickling filters	Carbonaceous BOD removal (nitrification)
	Low-rate	
	High-rate	
	Roughing filters	
	Rotating biological contactors	
	Packed-bed reactors	
Combined processes	Trickling filter-activated sludge	Carbonaceous BOD removal (nitrification)
	Activated sludge-trickling filter	Carbonaceous BOD removal (nitrification)
<i>Anoxic processes</i>		
Suspended growth	Suspended-growth denitrification	Denitrification
Attached growth	Fixed-film denitrification	Denitrification

# FE Review – Biology

## Bioprocessing

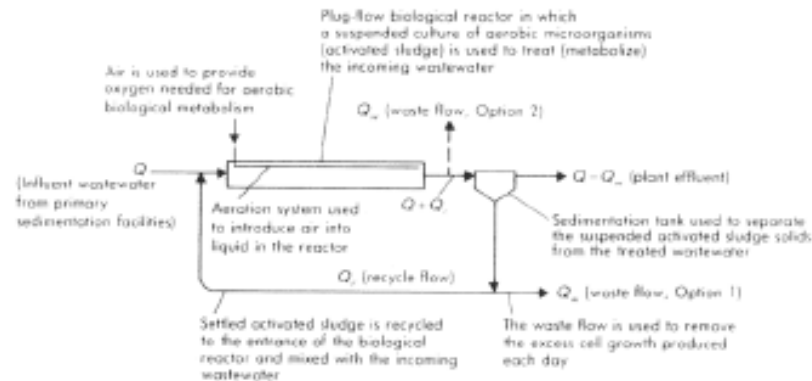
- Waste treatment is good example, and likely topic.

TYPE	COMMON NAME	USE*
<i>Anaerobic processes</i>		
Suspended growth	Anaerobic digestion	
	Standard rate, single stage	Stabilization, carbonaceous BOD removal
	High rate, single stage	
Attached growth	Two stage Anaerobic contact process	Carbonaceous BOD removal
Attached growth	Anaerobic filter	Carbonaceous BOD removal, stabilization (denitrification)
	Anaerobic lagoons (ponds)	Carbonaceous BOD removal (stabilization)
<i>Aerobic / anoxic or anaerobic processes</i>		
Suspended growth	Single stage nitrification-denitrification	Carbonaceous BOD removal, nitrification, denitrification, phosphate removal
Attached growth	Nitrification-denitrification	Nitrification, denitrification
	Land treatment	Carbonaceous BOD removal (nitrification, denitrification)
	Slow rate	
Rapid infiltration Overland flow		
Combined processes	Facultative lagoons (ponds)	Carbonaceous BOD removal
	Maturation or tertiary ponds	Carbonaceous BOD removal (bacterial decay, nitrification)
	Anaerobic-facultative lagoons Anaerobic-facultative-aerobic lagoons	Carbonaceous BOD removal
On-site systems	Septic tank-leach fields	Treatment and disposal of wastewater from individual residences and other buildings in areas not served with sewers
	Septic tank-mounds	
	Septic tank-evapotranspiration	

# FE Review – Biology

## Bioprocessing

- Activated Sludge Process.
  - Typical process diagram
  - Common configurations are:
    - PFR (shown)
    - CSFSR (Continuous flow, stirred)
    - SBR (Sequence batch)



# FE Review – Biology

## Bioprocessing

- **Activated Sludge Process.**
  - Typical process parameters are in tables (pg 159 NCEES supplied reference).
  - Typical problems might involve
    - Computing biomass (substrate-limited growth model)
    - Computing sludge age
    - Computing sludge volume index

# FE Review – Biology

## Bioprocessing

- Example problem
    - Compute the sludge age for activated sludge process with following operating parameters
      - $Q=2$  cu.m./sec
      - $Q_w=0.015$  cu.m./sec
      - $Q_r=0.50$  cu.m./sec
      - $V_a=43,000$  cu.m.
      - $V_s=7,000$  cu.m.
      - $X_e=20$  g/cu.m.
      - $X=2000$  g/cu.m.
- (Variables are on pg 159 NCEES Supplement;  $V_a$ = aeration basin volume,  $V_s$ =settling tank volume)

# FE Review – Biology Bioprocessing